

Josie Bray Official Bio

<https://josiebray.com/>

Josie brings over two decades of work as a theatre and dance artist, producer, teacher, and facilitator. She is a lead Producer on Trevor the Musical and is a former adjunct faculty member of Emerson College where she taught Movement for Actors, Improvisation, and Dance.

Josie has trained Broadway actors from the casts of The Lion King, Mary Poppins, Book of Mormon, Jersey Boys, Beautiful, Les Miserables, Chicago and professional dancers from Boston Ballet, Dance Theatre of Harlem, Pina Bausch, Los Angeles Ballet, The Bang Group, City Ballet of Boston, The Cleveland Ballet, Urbanity Dance Company, among others. Josie has directed and choreographed Off-Broadway and Regionally in Boston, Chicago, Washington DC, and New York, as well as at concert dance halls and universities. She worked as Assistant Director on the 2009 Broadway Revival of Ragtime.

Josie's primary focus is on New Work. She has nearly two decades of experience in devised theatre and dance production, has directed several readings and equity showcases in New York, and in 2019 was awarded the LAB grant from the Boston Foundation to create a new piece in movement theatre. Josie has nurtured the new musical, Trevor, since 2013 and shepherded it through readings in multiple cities, a premier at the Writer's Theatre outside of Chicago, and now a run in New York City in 2021.

She is currently part of a Joker cohort for Theatre of the Oppressed, studying with practitioner Gail Burton.

Josie is trained in functional and experiential anatomy, Pilates, personal training, Yoga, meditation, and somatics. Josie is a level 3 Franklin Method educator (one of the few in the world) and has trained directly with the founder, Eric Franklin. Josie has been in deep practice with Chakra teacher and herbalist Debra Bluth for decades, has been a Yoga and meditation student of Kevin Courtney 2007, and has been a student of former Martha Graham dancer and acupuncturist Marcus Schulkind since 2000.

Josie has a particular interest in trauma-informed movement practice, highly informed by her own journey in healing PTSD symptoms. Additionally, Josie has studied bodywork in the disciplines of myofascial mobilization, trigger point, Craniosacral Therapy, and Reiki. Josie sees movement and somatic work as a healing method of working with our bodies to create transformation that sustains over time.

Josie consults as a movement coach, movement director, and director on creative projects and works individually with actors and non-actors alike, as well as in group settings. She sees clients in the Boston area, NYC, and virtually over Zoom.